

Therapy

Help for those have been Abused

Counseling

Patient Characteristics	Purpose of Therapy	Techniques Used
Emotional problems	To work through and solve emotional problems	Observation of patient and family Activities to improve self-esteem Behavior management programs

Physical Therapy

Patient Characteristics	Purpose of Therapy	Techniques Used
Disability from illness or accident or handicapped from birth	To increase patient's strength, endurance, and coordination To relieve pain To assist in everyday living activities	Exercises Heat, Cold, Electricity, Sound, Water

Speech Therapy

Patient Characteristics	Purpose of Therapy	Techniques Used
Speech, Language or Voice Disorders	To improve or solve communication problems	Counseling and guidance Rehabilitative programs

Occupational Therapy

Patient Characteristics	Purpose of Therapy	Techniques Used
Physical or emotional problems	To involve patients in meaningful and purposeful activities	Manual and creative arts Social Activities Activities of daily living

Respiratory Therapy

Patient Characteristics	Purpose of Therapy	Techniques Used
Lung Disorders such as asthma, emphysema, or pneumonia or bronchitis	To improve patient's ability to breathe easily and effectively	Medical gases and aerosols Environmental control systems Humidification Exercises

Recreational Therapy

Patient Characteristics	Purpose of Therapy	Techniques Used
Need Direction in leisure time	To provide meaningful leisure activities in places like nursing homes	Group games Special celebrations or programs Drama or films

Music Therapy

Patient Characteristics	Purpose of Therapy	Techniques Used
Mental or emotional problems	To influence behavior and enable patient to function more successfully	Music of all types

Dance Therapy

Patient Characteristics	Purpose of Therapy	Techniques Used
Physical or emotional problems	To resolve physical, emotional, or social problems	Dance movements

Art Therapy

Patient Characteristics	Purpose of Therapy	Techniques Used
Mental or emotional problems	To improve or solve problems through use of various art activities	Drawing Sculpture Painting

Act Now to Prevent Child Abuse

- Learn all you can about child development and parenting.
- Do not minimize the effects of abuse
- Get counseling for your self
 - If your stress leads to explosive feelings or behaviors toward anyone or anything
 - If you are (or were) a victim of abuse
 - If you saw abuse in your home
 - If you are (or were) an abuser
- Know the background of a potential spouse and encourage counseling before marriage if abuse is (was) present

Act Now to Prevent Child Abuse

- Report suspected or known cases of abuse
- Volunteer to work in a child abuse prevention agency
- Help educate others about causes, effects, and treatments for abuse.
- Advocate for legislation
 - To educate the public
 - To support programs for victims
 - To mandate counseling or other services for abusers
 - To prevent abusers from working in human service careers
 - To support mental health research

A CHILD CALLED IT

- Read for Monday
 - Authors Note, ch1 and ch 2