

## **Promotion of Safety**

**Using Body Mechanics**

**Rules of Good Body Mechanics**

**Back Supports**

**Preventing accidents and injuries**

## **Occupational Exposure to Hazardous Chemicals Standard**

**Ergonomics**

**Components of ergonomics**

**Equipment and Solution regulations**

## **Patient/Resident Safety Regulation**

## **Personal Safety Regulation**

## **Observing fire safety**

**Classes of fire extinguishers**

**Discharging and Extinguisher**

**Rules in case of fire**

**Preventing fires**