

Pregnancy Development Month by Month

Mother

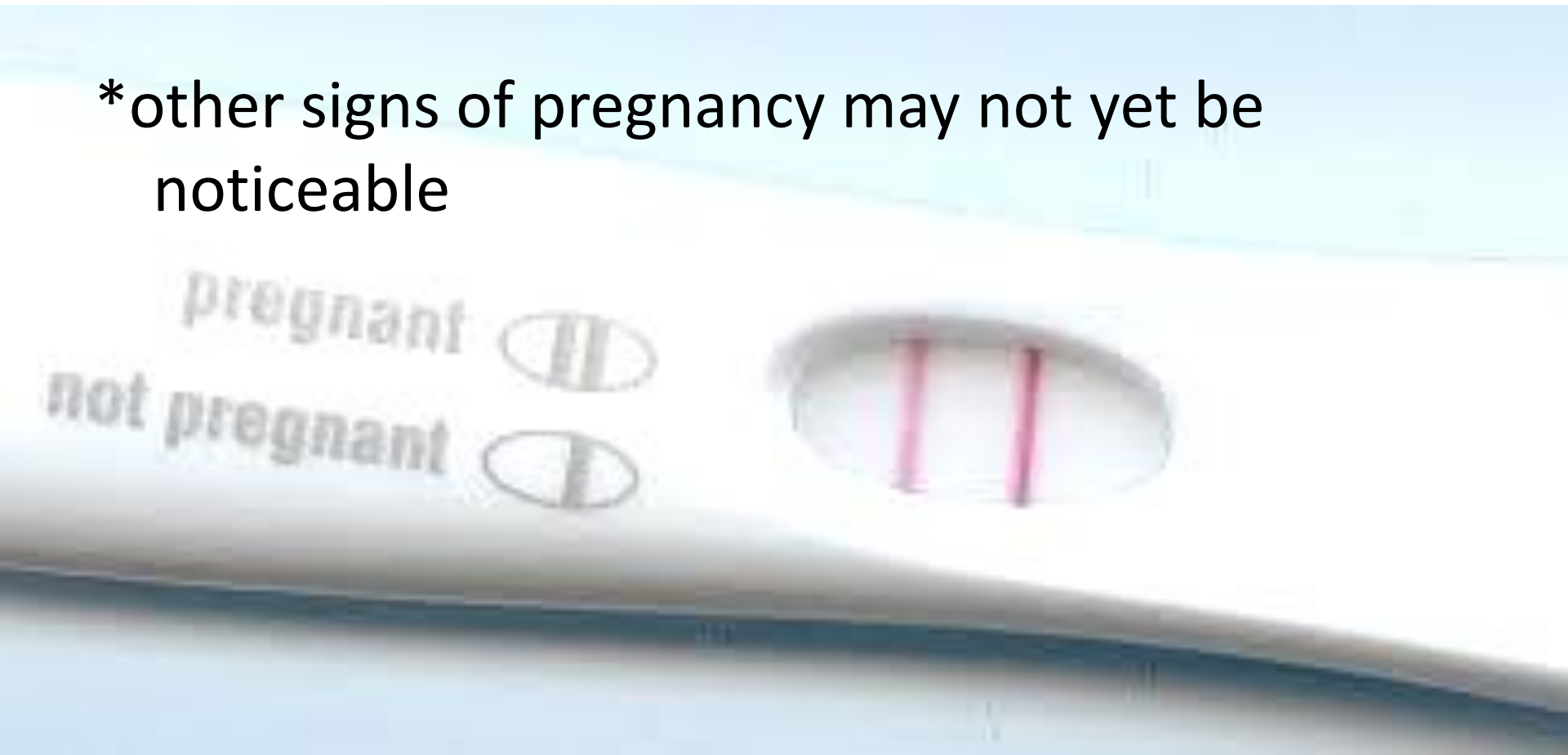
Stages of Pregnancy

- First Trimester (0-12 weeks)
 - If the mom carries a baby through the first trimester the odds of having a miscarriage go down significantly
 - 75% of miscarriages happen in the 1st trimester
- Second Trimester (12-24weeks)
 - Increase in energy for Mom
 - Loss of a child after 20weeks is considered a Stillbirth
- Third Trimester (24-40 weeks)
 - Anxious and excited
 - Scared and nervous

Month 1

- Missed Menstrual Period

*other signs of pregnancy may not yet be noticeable



Early symptoms of pregnancy...



Month 2

But I haven't got it...



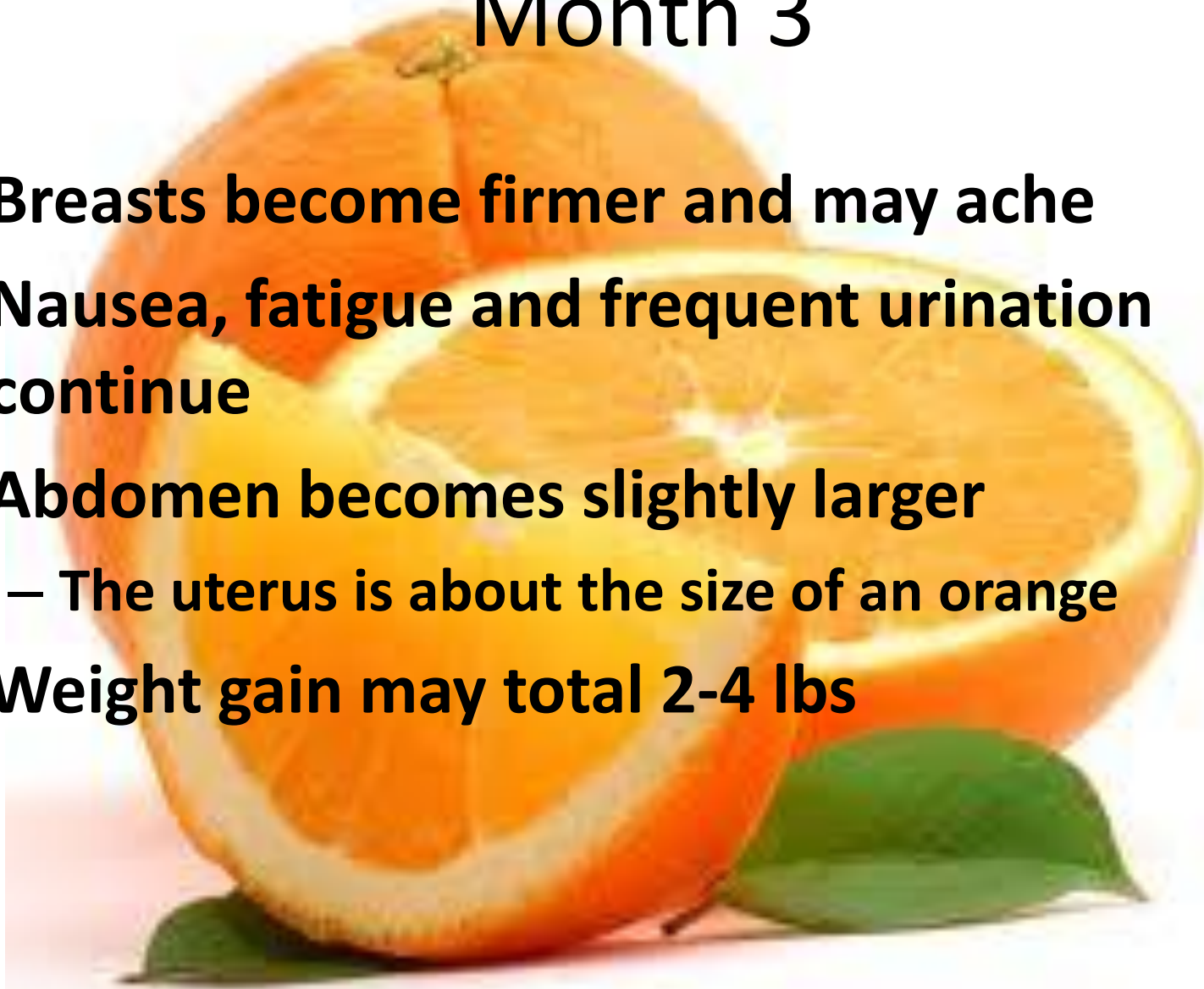
Instead I've got 24/7 siness!!



- Breasts begin to swell
- Pressure on bladder from enlarging uterus results in frequent urination
- Possible nausea(morning sickness)
- Fatigue is common

Month 3

- **Breasts become firmer and may ache**
- **Nausea, fatigue and frequent urination continue**
- **Abdomen becomes slightly larger**
 - **The uterus is about the size of an orange**
- **Weight gain may total 2-4 lbs**



Month 4

- Abdomen continues to grow slowly
- Most discomforts of early pregnancy (morning sickness) is gone
- Appetite increases



Month 5

- Enlarged abdomen becomes apparent
- Slight fetal movement felt this is called “quickenings”
- Increased size may begin to affect posture
- Fetal heartbeat is heard through a stethoscope



Month 6

- **Fetal movement sensed as strong kicks, thumps, and bumps. Some may be visible**
- **Weight gain by the beginning of this month may total 10-12 lbs**

Month 7

- Increased weight and size affect posture



Month 8

- **Backaches, leg cramps, shortness of breath, and fatigue occur**
- **Fetal kicks are felt and my disturb mothers rest**
- **Weight gain is 18-20 lbs**



Month 9

- **“lightening” –the fetus drops into pelvis**
 - Makes breathing easier
- **Usual discomforts of late pregnancy**
- **Weight gain of 24-30 lbs**
- **Uterus is the size of a small watermelon**
- **May have “Braxton hicks” or false labor and contractions**

